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# Innovative Modulation Schemes for Future Optical WDM-Transmission

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# Introduction

Innovative modulation formats have impact on transmission performance of optical networks.

They may:

- + increase bandwidth efficiency (i.e. narrowing of channel spacing)
- + increase transmission span reach
- + increase system margin and tolerances
- increase system complexity and equipment cost
- not be in compliance with existing standards

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# Outline

1. Introduction
2. Modulation of Optical Carriers
3. Options for Alternative Modulation Formats
  - a. Duobinary Signaling
  - b. Single Sideband
  - c. Differential (Q)PSK
4. Comparison of Modulation Formats in WDM Transmission
5. Conclusions

## Modulation: Basics

Modulation of a carrier signal (here: laser light) = mapping of information into one or more parameters of the carrier, i.e

- Amplitude
- Phase (or frequency as  $\omega = d\phi/dt$ )
- Polarization

Carrier = real-valued band-pass signal (electrical field):

$$E(t) = a(t) \cos[\omega_C t + f(t)] = \text{Re} \left\{ \underbrace{a(t) e^{j f(t)}}_{A(t)} \cdot e^{j \omega_C t} \right\}$$

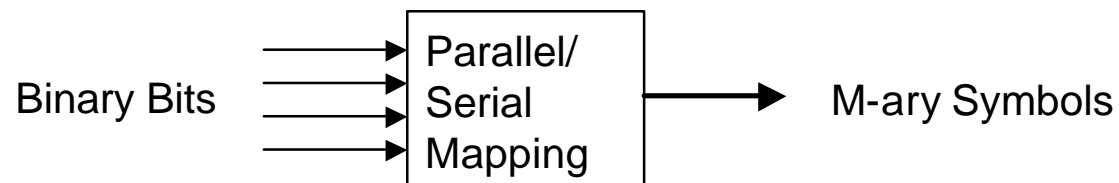
$A(t)$ : Complex Envelope

- carries information
- Determines modulation format

## Modulation: Basics

Digital transmission of bits  $b$  with bit rate  $r_b = 1/T_b$

$M = 2^m$  bits collected  $\rightarrow$  one complex symbol  $d(k)$ , symbol rate  $r_s = 1/T_s = r_b/M$



Complex symbols:  $d(k) = d_R(k) + jd_I(k)$  Pulse shape

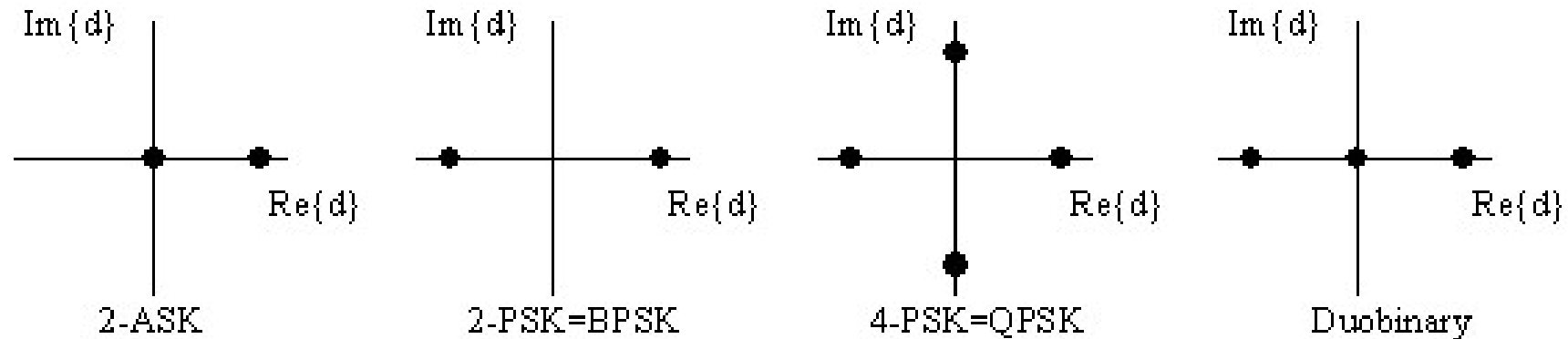
Complex envelope:  $A(t) = A_R(t) + jA_I(t) = a(t)e^{j\mathbf{f}(t)} = \sum_k d(k) \cdot \overbrace{h(t - kT_s)}$

Transmitted field:  $E(t) = \left[ \sum_k d_R(k)h(t - kT_s) \right] \cos(\mathbf{w}_c t) - \left[ \sum_k d_I(k)h(t - kT_s) \right] \sin(\mathbf{w}_c t)$

Orthogonal carriers, 2 data streams

# Linear Modulation: Constellations

In the class of linear modulation  $\rightarrow$  format is determined by constellation



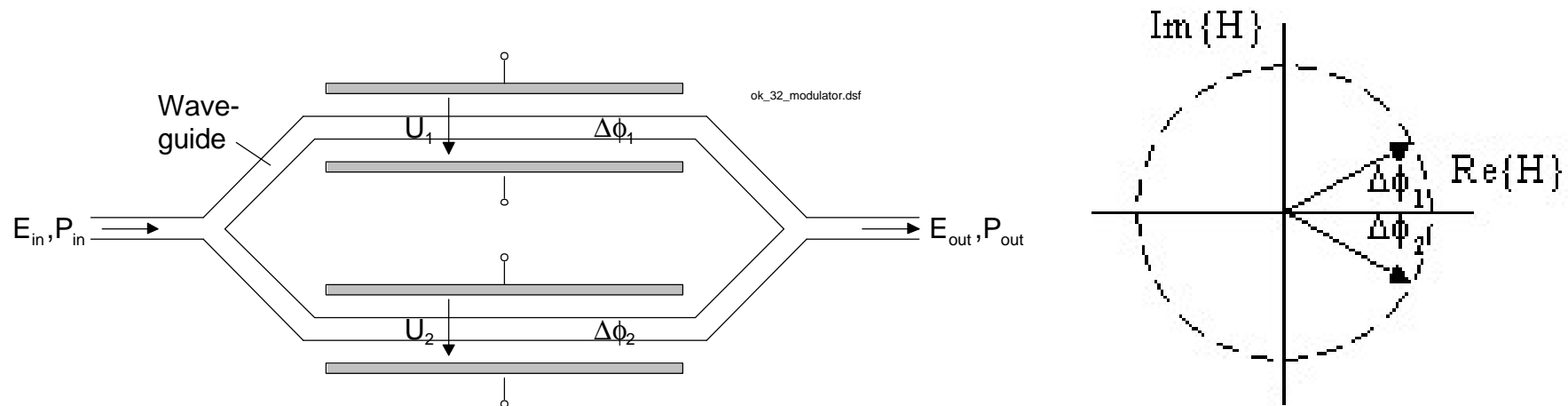
Noise performance  $\rightarrow$  Minimum distance between symbols!

## Modulation Formats: Some Options

- Amplitude
  - RZ/NRZ (2-ASK with different pulse shape)
  - VSB/SSB
  - Multilevel (4-ASK, 8-ASK)
- Phase
  - DPSK
  - DQPSK
  - CPM = continuous phase mod.
- Frequency
  - MSK = minimum shift keying
  - FSK = frequency shift keying
- Hybrid
  - CS-RZ, chirped RZ/NRZ, partial response (e.g. duobinary)

# Optical Modulator: Mach-Zehnder Interferometer

Mach-Zehnder Modulator for arbitrary phase/amplitude modulation



By driving and/or biasing a MZM appropriately, arbitrary constellations in complex plane can be implemented!



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## Innovative Formats: Duobinary Signaling

- Reduced bandwidth (approx. Factor of 2 against NRZ)
- Highly dispersion tolerant → increase uncompensated transmission reach
- Carrier suppressed format: relaxed SBS suppression requirements
- Increased spectral efficiency
- Low implementation complexity → upgrade of conventional IM/DD possible

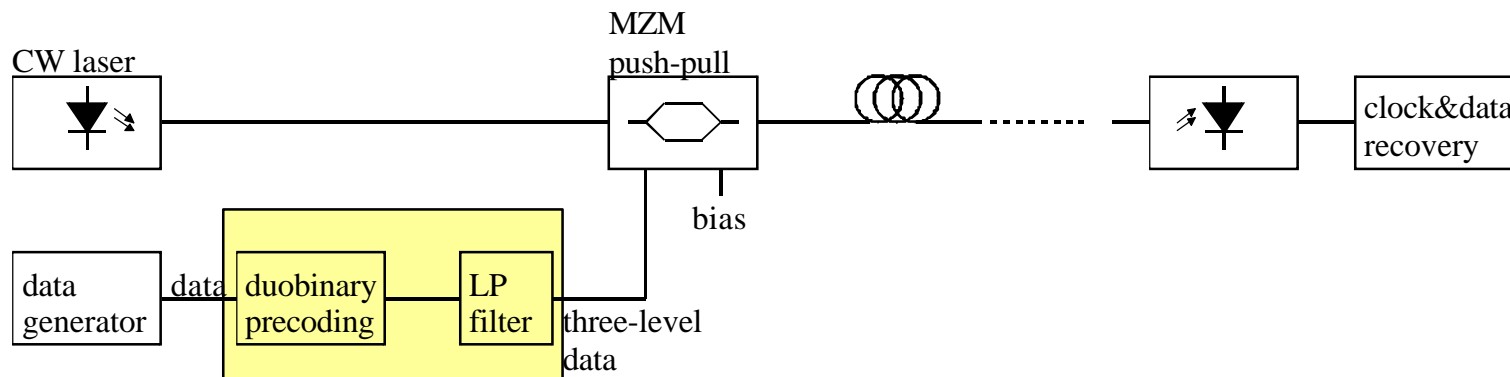
## Duobinary Signaling - How it Works!

- Optical transmitted signal: (pseudo)-three-level symbols  $\{+1, 0, -1\}$  using  $2V_{\pi}$  MZM drive signal
- Coding rule:
  - “0”-bit  $\rightarrow 0$
  - “1”-bit  $\rightarrow +1$  or  $-1$ , *depending on ...?*
- Coding rule narrows spectrum of optical transmit signal
- IM/DD-RX detects magnitude squared of opt. Signal
  - $0$ -symbol  $\rightarrow$  “0”-bit
  - $+1$ -symbol and  $-1$ -symbol  $\rightarrow$  “1”-bit

} coding rule inverted!
- Low implementation complexity
  - Implementation of coding rule in transmitter
  - Conventional IM/DD receiver
  - $\rightarrow$  simple upgrade of conventional IM/DD schemes

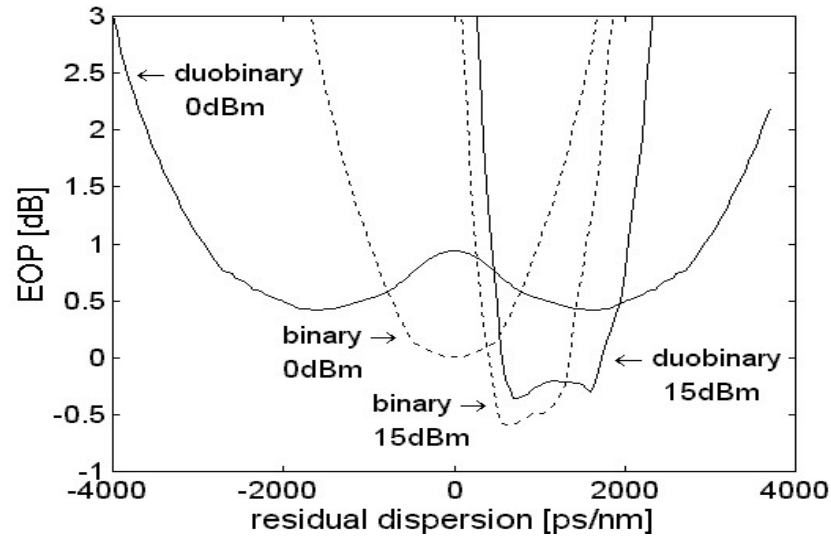
# Duobinary Signaling - Implementation

- Duobinary precoder = differential encoder → IC-solution
- Duobinary filter: LP with cut-off frequency of  $f_b/4$

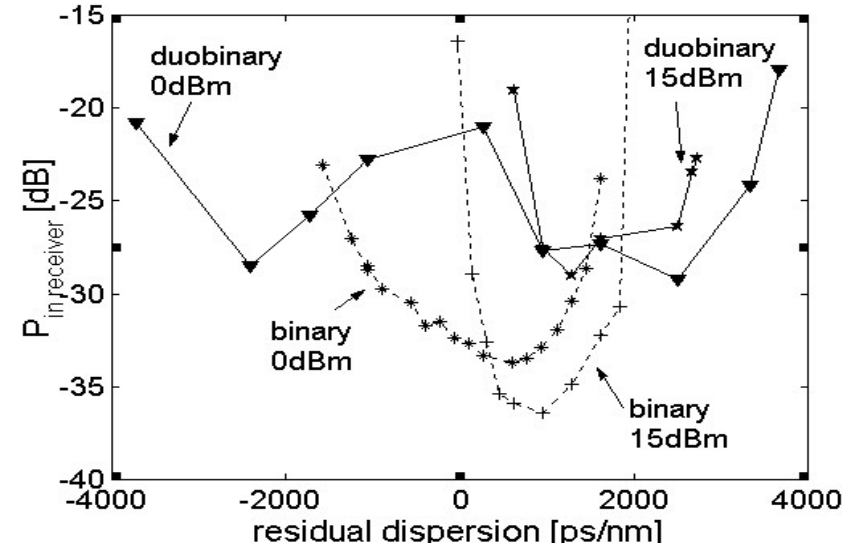


## Duobinary Encoding

# Duobinary Signaling - Dispersion Tolerance



Simulation 10Gb/s



Measurement 10Gb/s

- Improved dispersion tolerance
- High sensitivity to non-linear fibre effects (SPM)

## Innovative Formats: SSB/VSB

- Single Side Band (SSB) or Vestigial Side Band (VSB)
- Reduced bandwidth (approx. factor 2 against conventional double-sideband ASK = DSB)
- Highly dispersion tolerant
- Increased spectral efficiency
- Medium to high implementation complexity
- Extinction ratio problems! → reduced receiver sensitivity

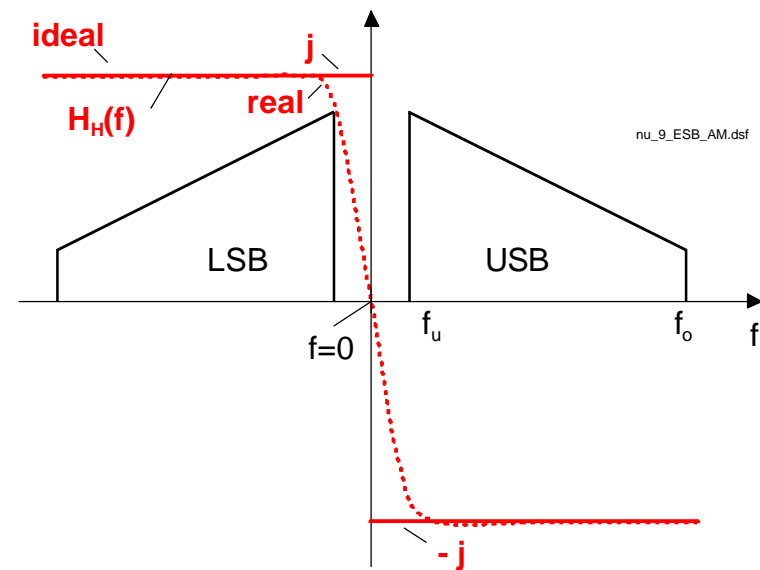
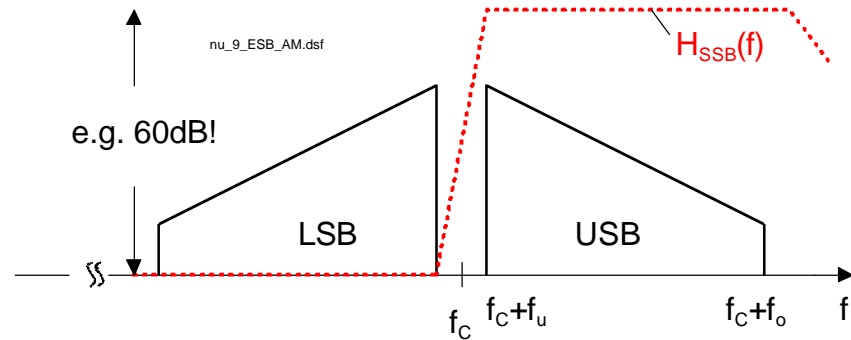
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## SSB/VSB – How it Works!

- Conventional: Double side-band ASK
- However: Redundancy → one side-band (either lower or upper) is redundant (one SB contains full information!)
- Eliminate one side-band by
  - Filtering in optical domain
  - Filtering in electrical domain
- SSB/VSB RX requires coherent detection!
- However direct (intensity) detection possible, but carrier component required!
- Direct detection results in distortions!

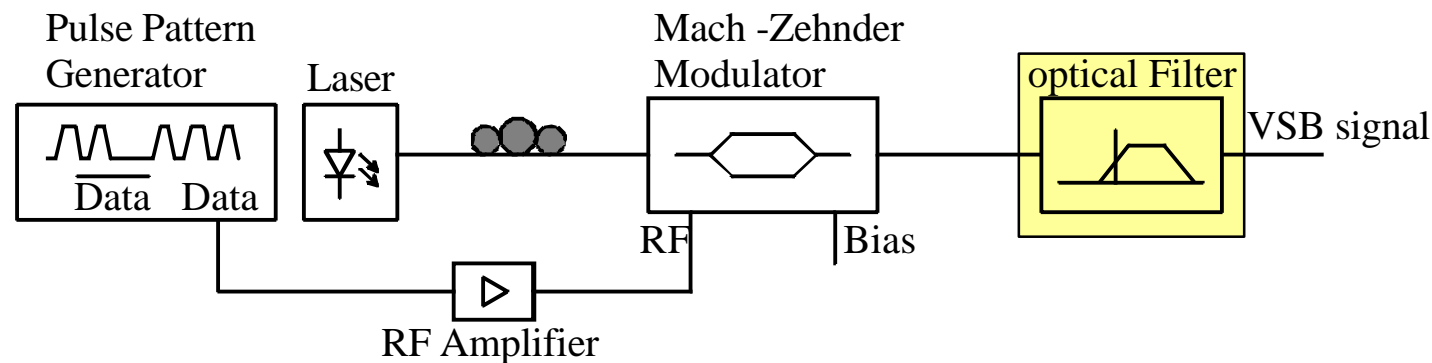
# SSB/USB – Sideband Suppression

- Optical SSB/USB filter
- Filtering in optical (band-pass) domain
- Hilbert Transformer = Phase response Filter
- Filtering in electrical (base-band) domain



## SSB/VSB – Implementation: Optical Filter

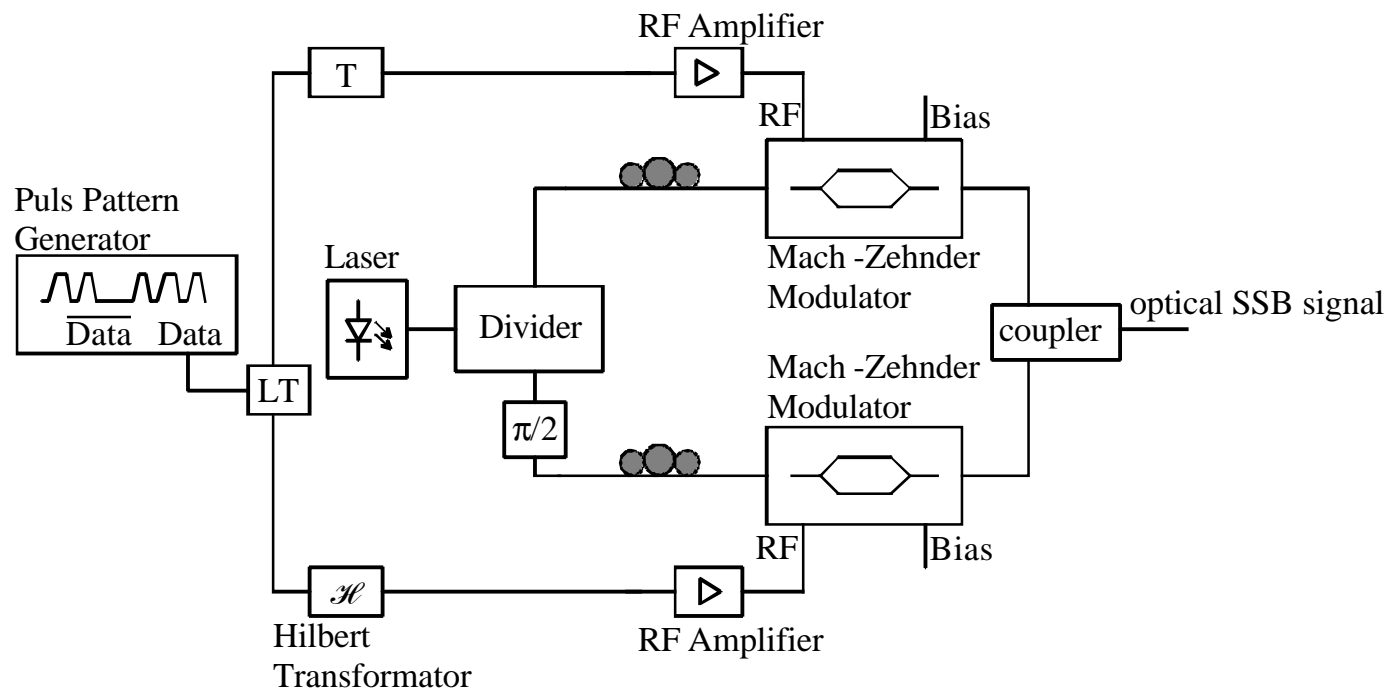
- Optical filtering of conventional IM (DSB) signal
- Steep filter slope required
- Approximation through sideband attenuation
- Used for Tb/s-experiments by Alcatel





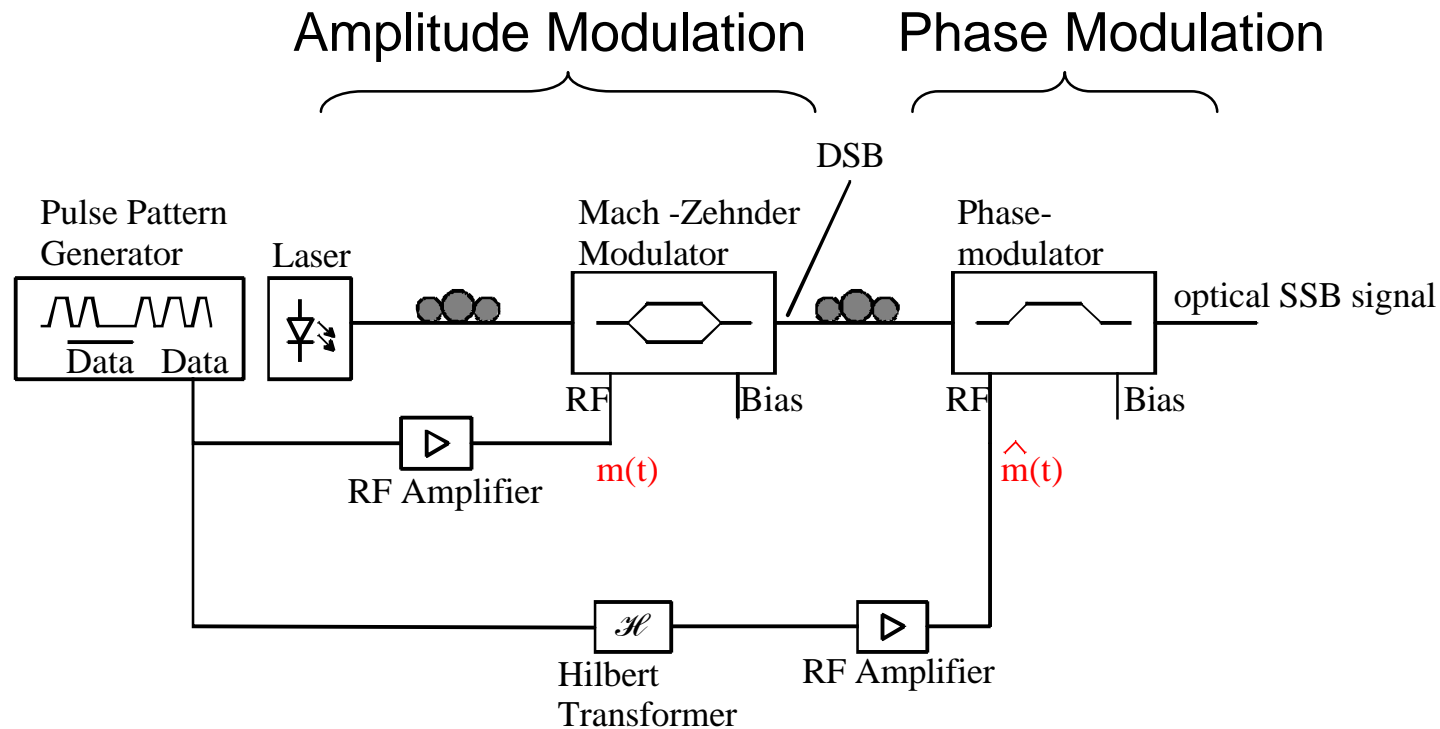
## SSB/VSB – Implementation: Phase Method

- Phase inversion of one sideband in electrical base-band domain (Hartley)
- Hilbert transformer may be approximated by FIR (finite impulse response) filter



# SSB/VSB – Implementation: Electrical Hilbert Transformer

Reduced complexity compatible SSB with electrical Hilbert Transformer



# SSB/VSB – Implementation: Electrical Hilbert Transformer 2

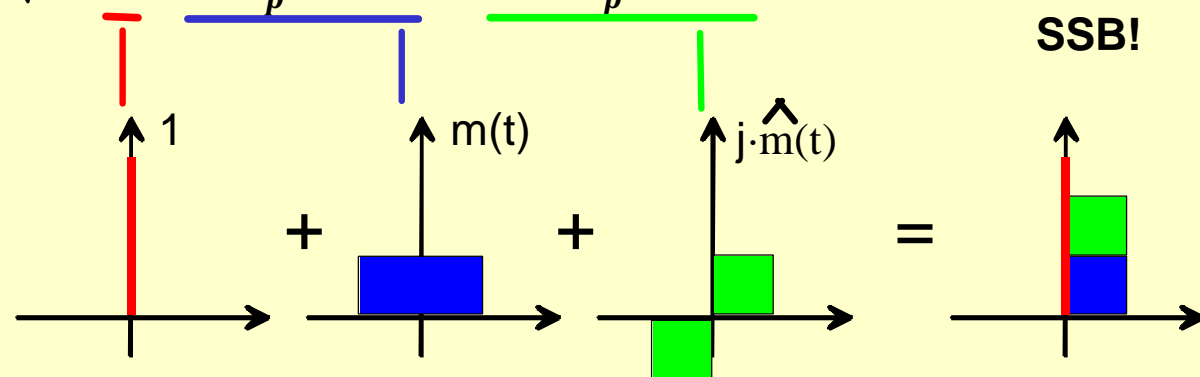
## transfer function of SSB transmitter

$$E_{out}(t) = E_{in} \cdot \underbrace{\cos\left(\frac{p}{2} \frac{m(t) - U_{bias}}{U_p}\right)}_{\text{AM}} \cdot \underbrace{\exp\left\{j \frac{p}{2} \cdot \frac{\hat{m}(t)}{U_p}\right\}}_{\text{PM}}$$

$\hat{m}(t)$  - data signal  
 $m(t)$  - Hilbert transformed data signal

## Approximation for a linear driven MZ-modulator

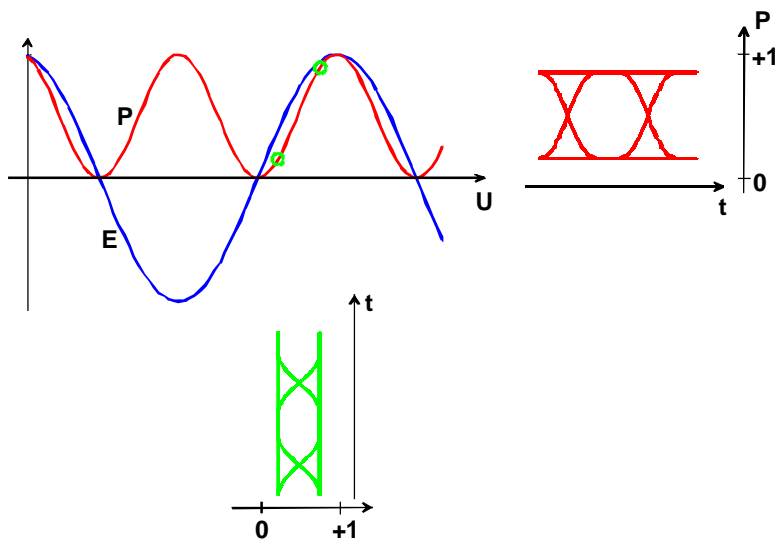
$$E_{out}(t) \approx \frac{E_{in}}{\sqrt{2}} \left[ 1 + \frac{p}{2U_p} \cdot m(t) + j \cdot \frac{p}{2U_p} \cdot \hat{m}(t) + \dots \right]$$



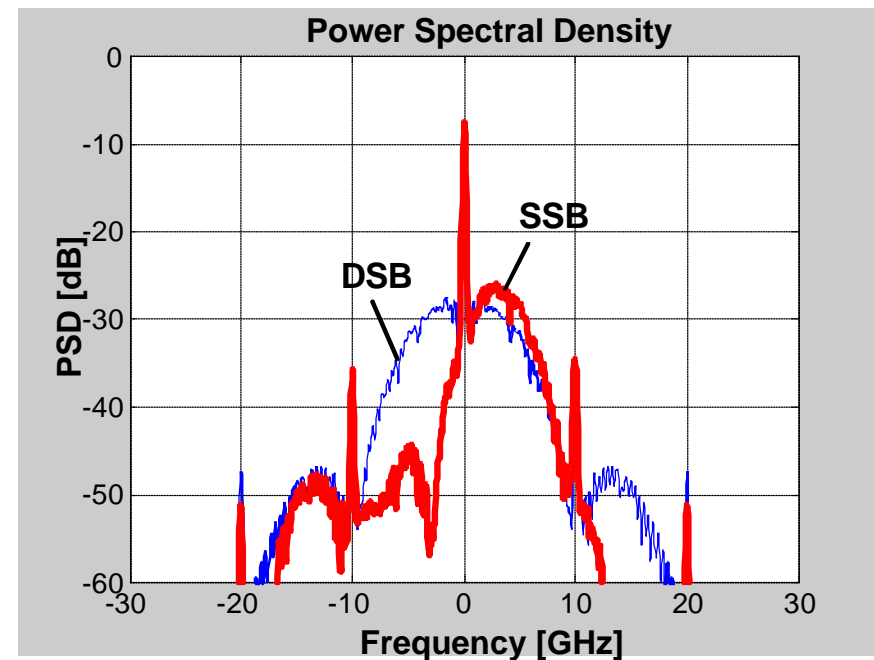
wr, APOC 2003; slide 19

## SSB/VSB: Performance

- Method used: Electrical H.T.
- Method requires approx. linear MZM drive conditions for good side-band suppression  
→ Extinction ratio reduced!



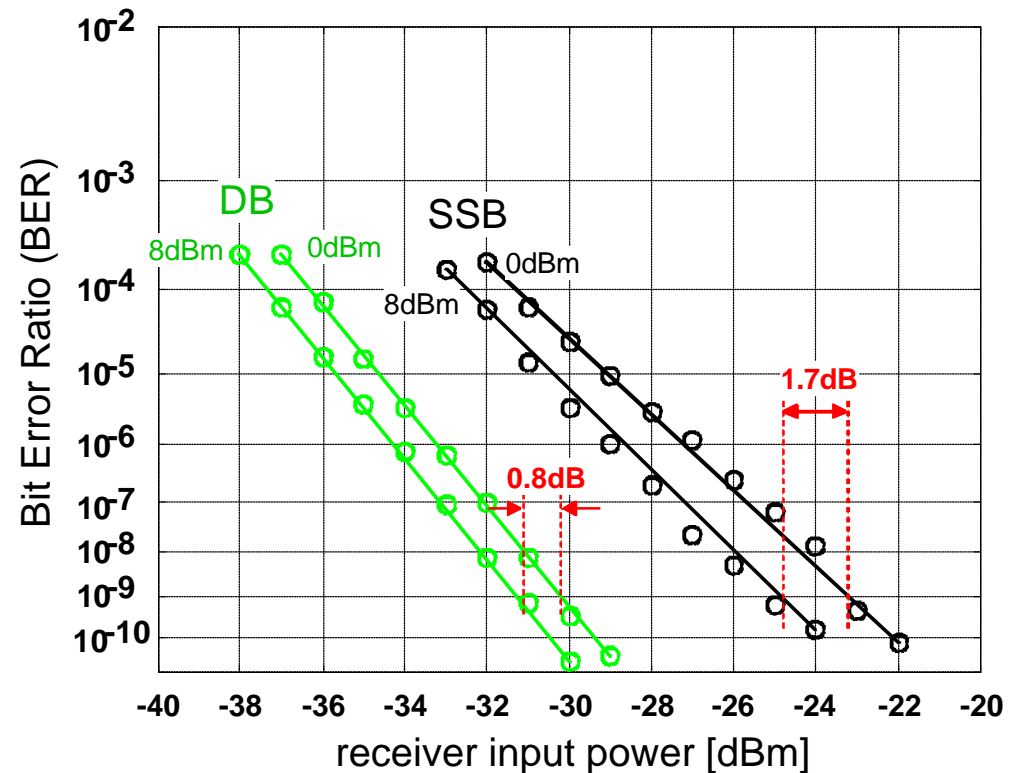
Transfer characteristic of the Mach-Zehnder modulator for power  $P$  and electrical field  $E$



Optical power spectral density (simulation)

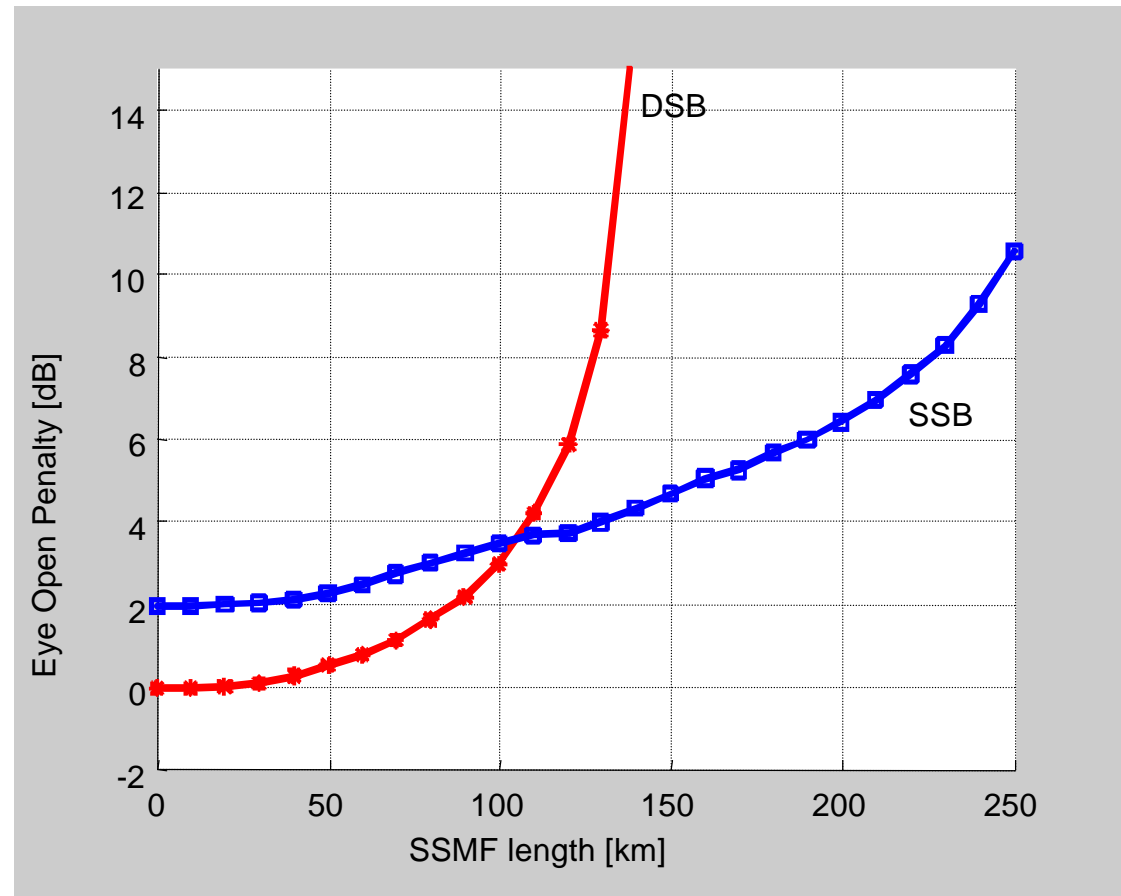
# SSB/VS: Experimental comparison DB vs. SSB

- 200km uncompensated SSMF, 10Gb/s
- Compare SSB with duobinary
- Linear and non-linear fiber regime
- SSB approx. 6dB penalty, due to reduced extinction ratio



## SSB/VSF: Dispersion Tolerance DSB vs. SSB

- Simulation result, 10Gb/s
- Linear fiber
- SSB: Extinction ratio optimized for maximum reach
- DSB: maximum extinction ratio



## Binary Differential PSK (D-2-PSK)

- Symbols: +1, -1
- NRZ or RZ pulse shape possible
  - RZ: +1,-1 identical optical intensity
    - → optical intensity = periodic function of time
    - → advantage in XPM environment
- Improved noise performance vs. conventional IM/DD , if balanced receiver used (3dB)
- Differential scheme → avoids coherent detection
- Additional DPSK receiver (MZDI) necessary!
- Differential precoder necessary!

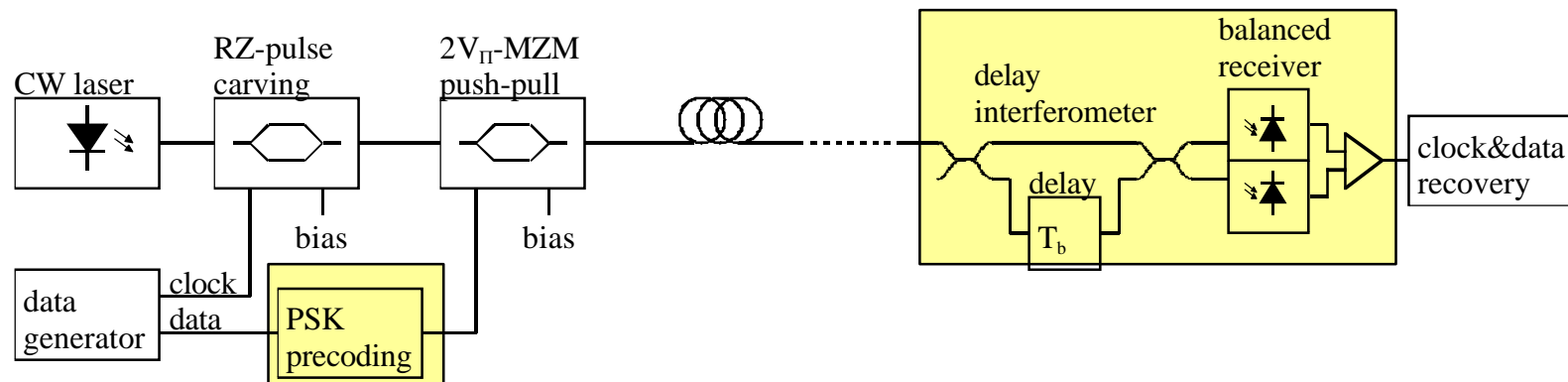
# Binary DPSK

- DPSK precoder = differential encoder (same as for duobinary)
- Functionality of MZDI receiver. Phase  $f(k) \in \{0, \pi\}$

$$\left[ \cos(\omega_c t + f(k)) + \cos(\omega_c t - \pi + f(k-1)) \right]^2 = \dots + 2 \cos(\dots) \cdot \cos(\dots) + \dots$$

$$\underbrace{\cos[f(k) - f(k-1) - \pi]}_{=0}$$

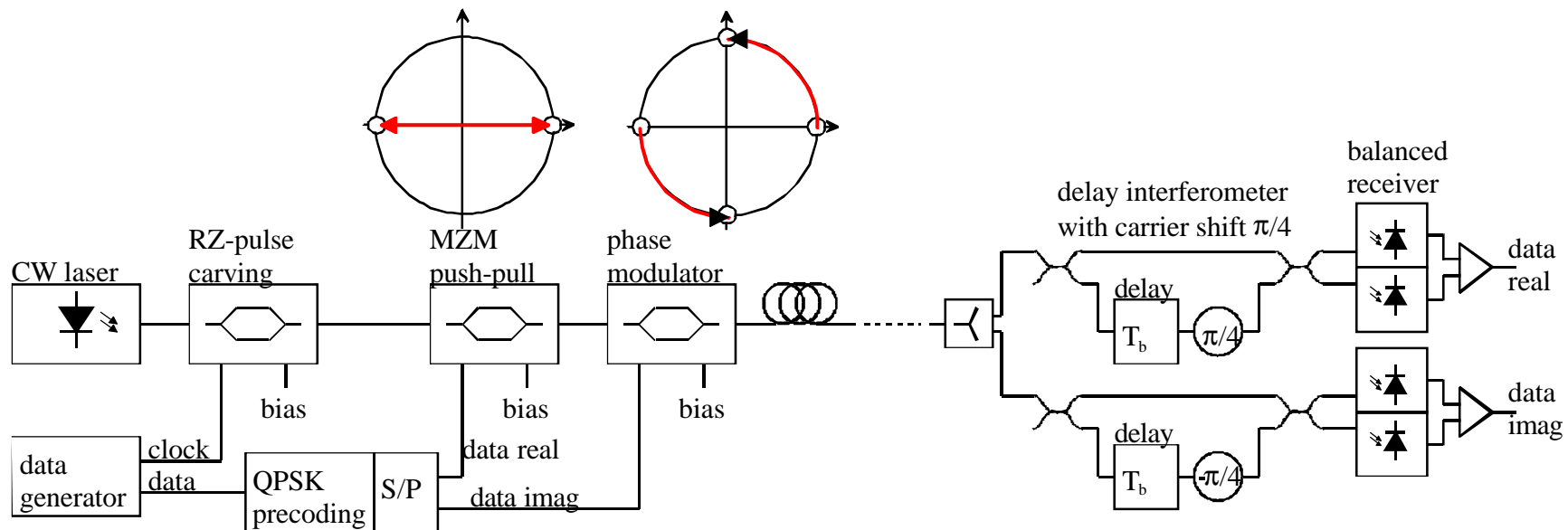
High if  $f(k) = f(k-1)$ ,  
 Low if  $f(k) \neq f(k-1)$





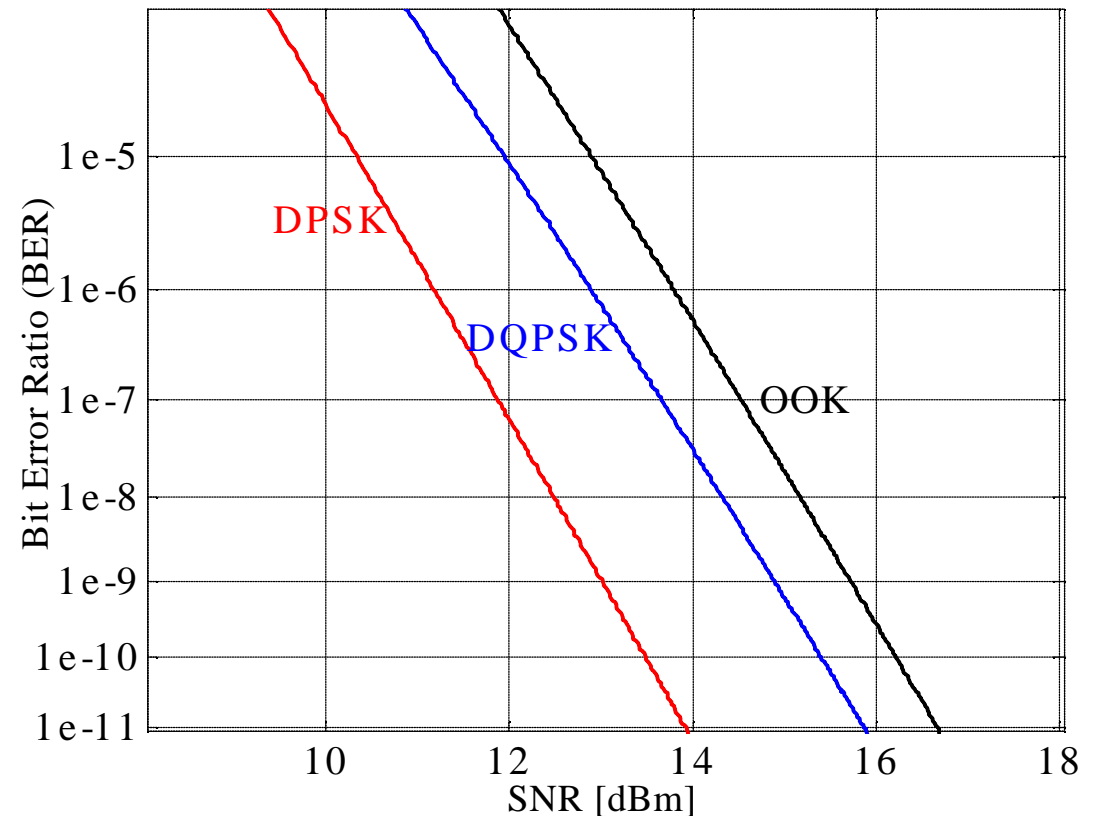
# Quaternary DPSK

- Our solution: serial DQPSK-transmitter → reduced complexity, relaxed phase control
- 2 parallel data streams (real & imaginary) with speed and bandwidth requirements of single data stream!
- Quaternary differential precoder required



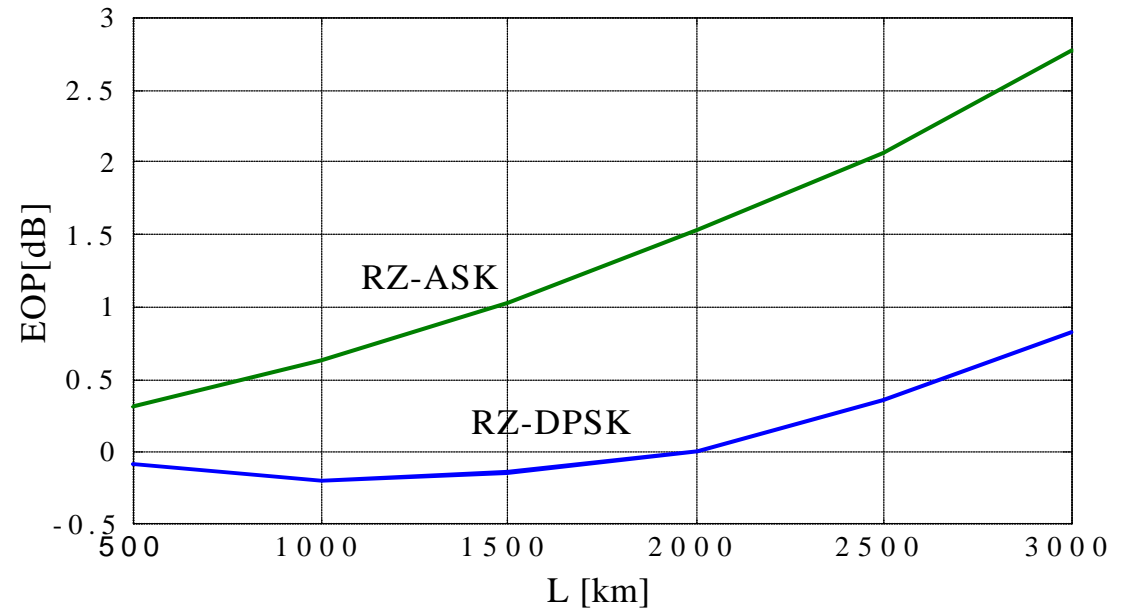
## DPSK: Receiver Sensitivity - Theory

- Ideal coherent/synchronous detection:  
→ both DPSK & DQPSK 3dB sensitivity improvement due to enlarged symbol distance (constellation!) vs. OOK=IM/DD!
- DPSK with MZDI = non-coherent: 0.2dB loss
- DQPSK with MZDI = non-coherent: 2dB loss



# DPSK with RZ pulse shape in WDM: Robustness towards XPM

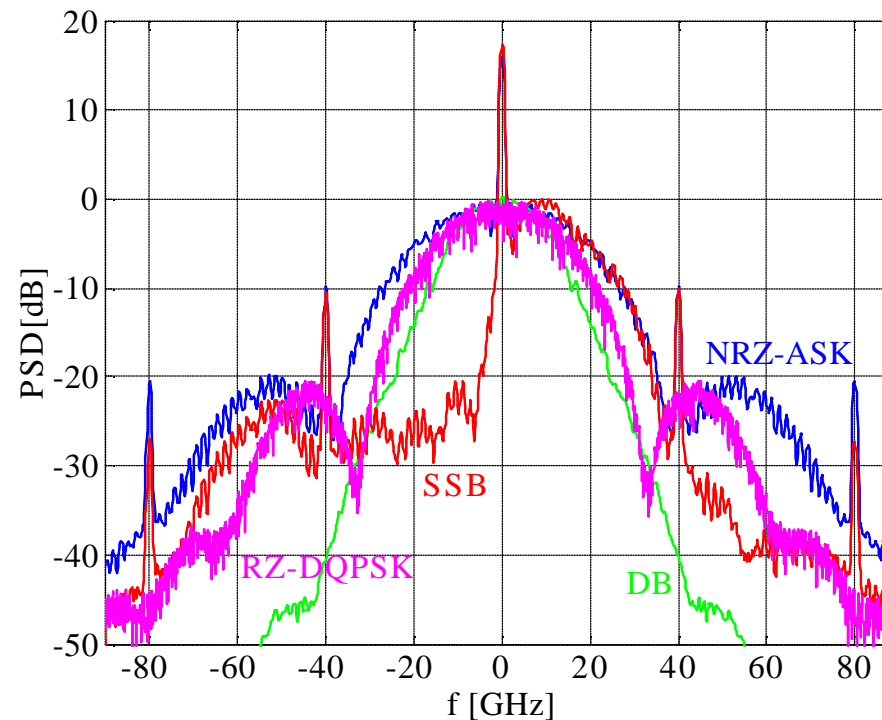
- RZ: periodic optical intensity  
→ suppression of XPM-induced phase modulation
- RZ-DPSK extends transmission distance significantly!



Simulation result: 8x10Gb/s WDM,  
channel spacing: 100GHz,  
launch power: 9dBm/channel  
span length: 100km SSMF, dispersion comp.

# Modulation Formats in WDM Transmission

Power spectral density of various modulation formats at 40Gb/s

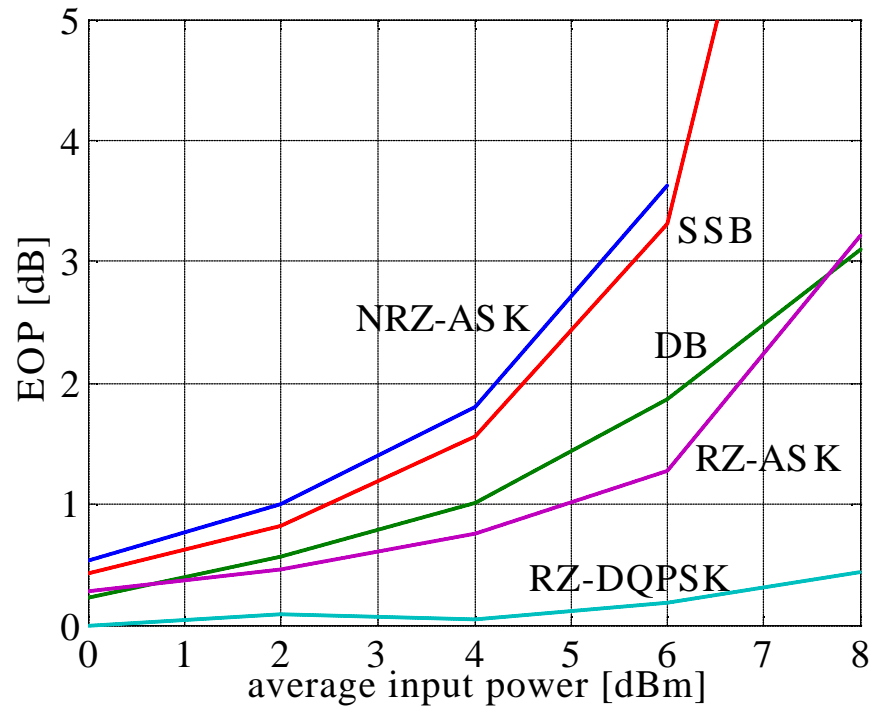


	DB	RZ-DQPSK	SSB	NRZ-ASK
$\Delta f$ [GHz]	48	56	40	70

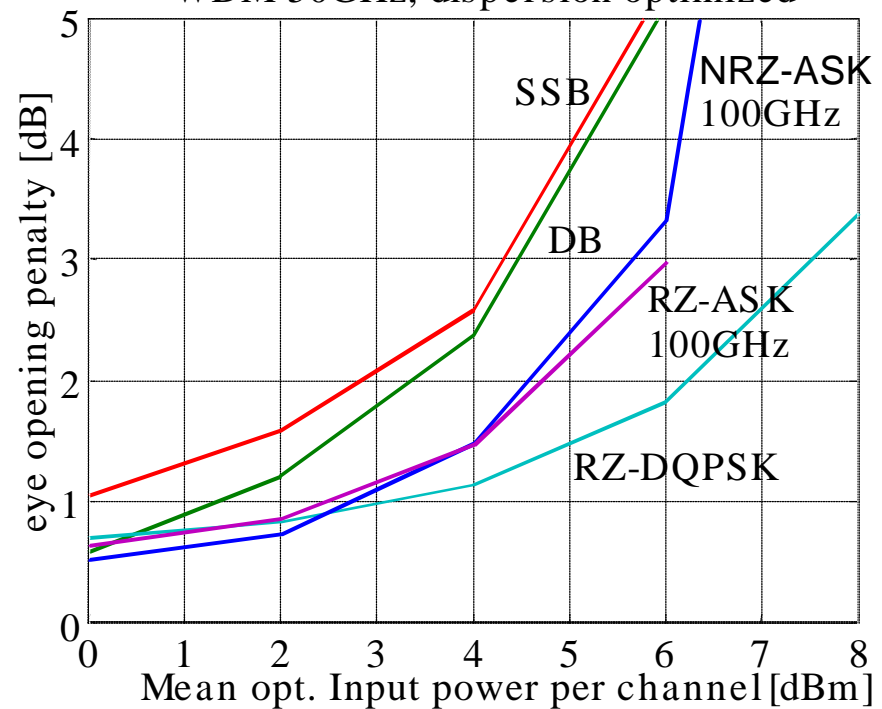
Two-sided spectral width for a decay of 20dB for DB, SSB, RZ-DQPSK and NRZ-ASK at 40Gb/s

# Modulation Formats and WDM: Intermodulation

## 0.8b/s/Hz



WDM 50GHz, dispersion optimized

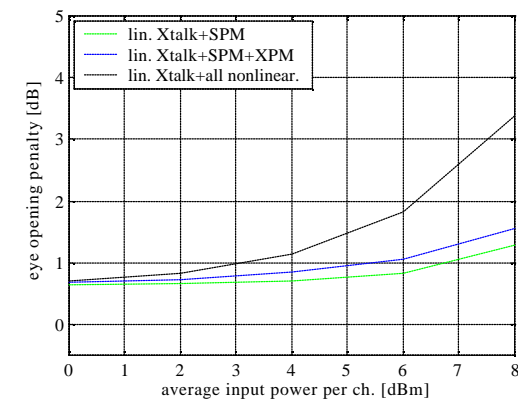
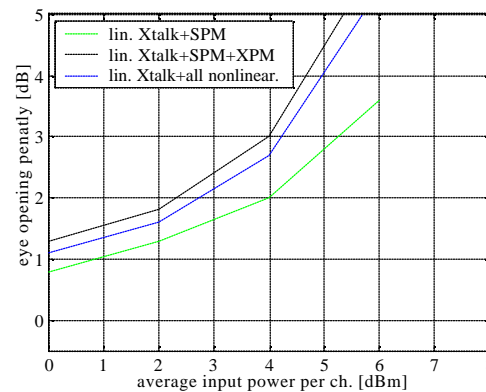
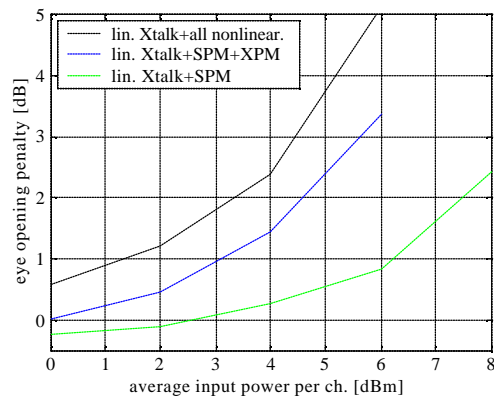


- Single channel: 4 spans 100km SSMF, Dispersion optimized, 40Gb/s
- RZ-DQPSK most robust against SPM and chrom. Dispersion!
- WDM 8x40Gb/s,  $\Delta f=50\text{GHz}$ : 4 spans 100km SSMF, Dispersion optimized
- RZ-DQPSK most robust against WDM intermodulation (XPM,FWM,SPM, linear cross-talk!)

wr, APOC 2003; slide 29

# Modulation Formats in WDM: Intermodulation

	Linear cross-talk	SPM	XPM	FWM
DB	😊		😞	
SSB		😞		😊
RZ-DQPSK		😊	😊	😞



Sensitivity to nonlinear fibre effects, SSMF, 40Gb/s,  $\Delta f=50\text{GHz}$ ,  $0.8\text{b/s/Hz}$

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## Conclusions

- Duobinary: low complexity, high benefit through spectral narrowing → promising candidate for system upgrade now!
- SSB/VSB: solution with optical filtering → moderate system improvement for reasonable additional complexity
- DPSK: medium complexity → high benefit through improved receiver sensitivity and WDM intermodulation robustness
- DQPSK: medium to high complexity → but doubles channel capacity
- Other advanced formats: (MSK, CPM, M-PSK, M-QAM) worth investigating in optical environment! → constraints: complexity and chirp!